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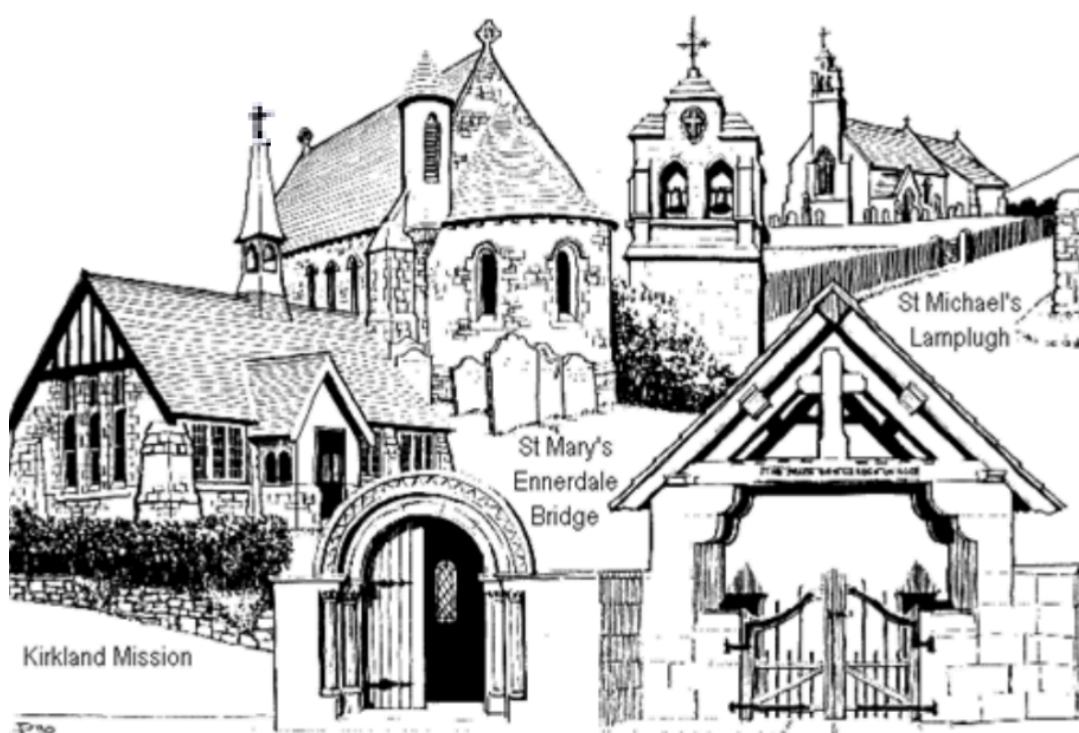
Published by the Church Council for
Lamplugh, Kirkland and Ennerdale
Ecumenical Parish

One Parish, Three Beautiful Churches
for Everyone

October 2025



Harvest Festival & Blessing of the Plough



Church Officers and Contacts

Minister: Rev Ian Parker, 01946 861310, E-mail: black sailvicar@outlook.com [Thursday is Ian's day off]

Secretary: vacancy

Treasurer: Mr D Beak 861822

Gift Aid Manager: Mrs M Abbot 861963

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Church Wardens: Mr R Megan 862904 Mr C Atkinson 862327

Electoral Roll: Mr D Beak 861822

Parish Safeguarding Officer: Mrs C. Murphy 862449

Messy Church Club: Minister

i) Diocesan website: <http://www.carlislediocese.org.uk>

ii) The National Churches Trust website:

<https://www.explorechurches.org/church/st-michael-all-angels-lamplugh>

<https://www.explorechurches.org/church/st-mary-ennerdale-bridge>

iii) <http://www.achurchnearyou.com>

Cleator Moor West and Arlecon Ward contact

Ward Councillor: Linda Jones-Bulman Email: linda.jones-bulman@cumberland.gov.uk

LAMPLUGH

PARISH COUNCIL: Chair: Roger Braithwaite; Vice-Chair: Ed Surman; Clerk: Susan Stuart;

Email: lamplughpc@gmail.com Website: <https://www.lamplughpc.co.uk>

KIRKLAND C of E ACADEMY

HEAD OF SCHOOL: Mrs Katie Robinson 01946 861386 Email: head@kirkland.cumbria.sch.uk

CHAIR OF GOVERNORS: Mr Andy Pratt Email: chair@kirkland.cumbria.sch.uk

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LAMPLUGH VILLAGE HALL: Secretary: Mark Stevens on 07543 876490 Email: marklvh@yahoo.com

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KIRKLAND

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LAMPLUGH AND ENNERDALE OIL BUYING GROUP: Ben Tyler Email: lamplughfuel@gmail.com

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Chair: Julian Thursz Email: julian.thursz@eandkpc.co.uk

Clerk: Jane Ollerenshaw 07977 339928 Email: clerk@eandkpc.co.uk

PRIMARY SCHOOL Mr James Gartland, Headteacher. 861402 <https://www.ennerdale.cumbria.sch.uk>

SCHOOL GOVERNORS: (Chair) Miss Danielle Heap 861402 & (clerk) Mrs Lynn Huddart 861402

SCHOOL PTA: (Treasurer) James Gartland 861402 & (sec) Bridget Johns 862036

SPORTS FUND: School. 861402

Please advise any changes to **steve_parker@msn.com** or **07968 230507**

Minister's Letter

Many people in our parish seem to take holidays in September. So it was that the best sermon preached at Kirkland Mission this year was addressed to one of the smallest congregations of the year. On Sunday 21st of September the service was led by Rev. Nick Baker, Methodist Deputy Superintendent. He reminded us that we were in creation time (which runs from the 1st September to 4th October). The Bible readings for the day were about people being held accountable for their actions. He reminded us that Kirkland Mission has been a bronze award Eco church for quite some time, and asked us to imagine we had been visited by the children from our local primary school. He pointed out that children often ask the most pointed questions, and suggested they might ask why we had not gone on to get the silver award? He said we were accountable for the way we treated the natural environment. He had gone online to check his environmental footprint, and had discovered that if everyone on Earth wanted to consume as much as he did, it would require the produce of more than three planets to sustain us. He then did the survey again, pretending to be a vegan who went everywhere by public transport. Even then, that standard of living would still require two planets to sustain it, and of course there is only one planet Earth.

Creation time is an opportunity to challenge ourselves to walk more lightly on this earth, and increase our efforts to care for the natural world we have inherited. As we move from September into October, our focus changes from creation to harvest.

Historically, *Harvest Festival* was a celebration that “all was safely gathered in,” and that there was enough food laid by to see folk through the winter and into the spring. Nowadays, we give thanks for our food and all the people involved in bringing it to us ‘from farm to fork’ by making an offering to help the less fortunate. We are asked to bring tinned or dry goods which can be donated to our local food bank. Their *Harvest Appeal* (see poster) indicates the products which they are particularly appealing for this year. The food bank appeal addresses needs close at hand, while our financial appeal helps people overseas. This is the second year when we have supported the **Tap Twinning** scheme initiated by *Christian Engineers for Development*. You can read more about CED elsewhere in the magazine. You will also find elsewhere the details of our Harvest services, and our *Harvest Supper*. The collection at the services will go to support this worthy cause, as well the profits from the *Harvest Supper*. Both of these actions will make a difference. It is better to light one candle than to curse the darkness.

Ian Parker

From the Registers:

<i>Funeral:</i>	Violet Watson aged 92, on 29th August, at Ennerdale (graveside service).
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Praying for the Parish October 2025



The Church Council has decided that we should be more intentional in praying for our parish.

In more urban areas churches often list particular streets that are being prayed for that week / month. That obviously isn't possible in a scattered rural area, so we have divided the parish into 12 areas, one for each month. The list is not set in stone; we can tweak it if anyone feels left out.

For the month of **October** we are praying for:

*Homes, Farms and businesses in **Kinniside: homes, farms and businesses off the Cold Fell Road, on and off the road to Wath Bridge and on the road up from Hazel Holme towards the Meadley reservoir***

Prayer for the Month

Forgive us Lord when we are too cosy and comfortable,
safe in our own little corner
and unaware of the needs around us.
Open our eyes and enlarge our minds.

Forgive us when we fail to speak up or take action
to defend or protect others in need and
when we would rather leave it to someone else.

Give us courage to speak and act for justice.

Forgive us if we only love our neighbour if they are
'our sort of people'.

We are sorry if we are subconsciously selective
about who is welcome in our churches and communities.

Help us to be inclusive and welcoming to all. Amen

Margaret Littlecott, Northampton.

*From the 2024/25 Prayer Handbook. © 2024 Trustees for Methodist Church Purposes.
Used with permission*

Status

Submitted by Mary Johnson

We are all conscious of what it means to have status and it can become very important to us. Jesus understood this and in Luke chapter 1 verses 7-14 he indicates where we should stand in a world where status defines worth and refines it into something radically different, calling it a table shaped by humility, grace and welcome.

Jesus does something very ordinary quite regularly throughout his ministry by sharing a meal. But as often happens when he is at the table things happen! At the wedding in Cana where he was a guest they ran out of the best wine. So he changed the water into an even greater wine that the guests had never tasted before.

In those days guests chose the place where they wanted to sit. Jesus was fascinated by this watching them carefully choose the best seats and the places of honour. Jesus then turns the whole idea of honour and status on its head by challenging his listeners at the table to take a bottom seat and let someone else take their place. He then goes further by saying that when you are the host don't just invite the people who can repay you the compliment like your family, friends or wealthy neighbours. Invite the poor, the homeless and the forgotten.

This message reminds us that the heart of the matter is not about climbing to the top of the ladder or surrounding ourselves with people like us. It is about opening our lives to those who are often left out and making room where others would close the door.

Jesus is not against honour, but he redefines it. Honour does not come from recognition or power he says but living out God's justice and love. God's kind of honour is quiet, generous and unselfish and it lifts others up. When we stop grasping for the best seat we are free to honour others without being noticed ourselves.

THE ROUND KIND OF CHURCH - By Fred Kaan

The church is like a table, a table that is round. It has no sides or corners, no first or last, no honours; here people are in one-ness and love together bound.	The church is like a table, set in an open house; no protocol for seating, a symbol of inviting, of sharing, drinking, eating; an end to 'them' and us.	The church is like a table, a table for a feast to celebrate the healing of all excluding feeling, (while Christ is serving kneeling a towel around his waist).	The church is like a table, where every head is crowned. As guests of God created, all are to each related; the whole world is awaited to make the circle round.
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Ennerdale Valley Tour for St.Mary's Church Community Centre Group

Rachel Oakley writes:



The heavens literally opened on the morning of Wed 3rd Sept when a group of local Parishioner's met for a mini-bus tour of the Ennerdale valley. It was so wet that no matter what 'appropriate waterproof's' were worn, a soaking was inevitable! However, that didn't deter a group of hardy souls who braved the weather for an afternoon visit, hosted by Wild Ennerdale.

We departed Ennerdale Bridge for Bowness Knott and then on to Smithy Beck. A chat here by the lake about various topics including the new National Trust Riverlands project work on the River Liza and the current forest management in relation to tree disease and climate change. Then on to Pillar where the rain started to ease and some blue sky was trying to make an appearance. Pillar rock was looking majestic in the swirling cloud and for many in the group, it was the furthest they'd been up the valley in a long time. Refreshments were enjoyed here before returning to the bus (thank you Rene for the lovely biscuits!).

The furthest stop was up at the valley head by Black Sail, where Wild Ennerdale has focused on removal of mature spruce and the introduction of a new seed source of broadleaf trees (in a large, fenced area).

Thank you to all those who attended.

Gareth & Rachel, Wild Ennerdale

Kindling Sticks

Do you want to help the Great North Air Ambulance?

Tubs of kindling sticks are available and can be delivered (in Ennerdale, Kirkland, Arlecdon, Asby and Lamplugh, other areas by arrangement) or can be collected from:

The Gather in Ennerdale.



Please note they are **£4 a tub** from the 1st September 2023.

To order contact **Derek Tunstall** by phone 07841 370644 or email tunstallderek@gmail.com

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This month I will be reviewing a poem from Norman Cornthwaite Nicholson, of 14 St George's Terrace, Millom. Norman spent his whole life living in the same house (work ongoing to turn it into a museum), with the exception of about two years where he stayed, during a period of illness, in a sanatorium in the New Forest, Hampshire. Born and bred in Millom, and he was probably the most influential Cumbrian poet since William Wordsworth (see a future episode of Poetic Licence). Norman's poems tended to be focussed on the edgelands of Cumbria and its industrial past, in particular mining and iron production.

My chosen poem is *The Whisperer*, which was inspired by recovering from tuberculosis of the larynx, during which time he was unable to speak. As this is rather a long poem, I will present some excerpts in order to maintain the flavour, but still enable an appreciation of the whole poem.

The Whisperer

*For twenty months I whispered,
Spoke aloud
Not a word,
Except when the doctor, checking my chest, said:
'Say Ninety-nine.'
And, from the mine
Of my throat, hauling up my voice like a load of metal, I
Said 'Ninety-nine.'
From sixteen-
Years-old to my eighteenth birthday I whispered clock
And season round;
Made no sound
More than the wind that entered without knocking
Through the door
That wasn't there
Or the slid-wide window that un-shuttered half the wall of my
Shepherd's bothy
Of a chalet.*

*Day after day
My larynx lay
In dry dock until whispering seemed
The normal way
Of speaking: I*

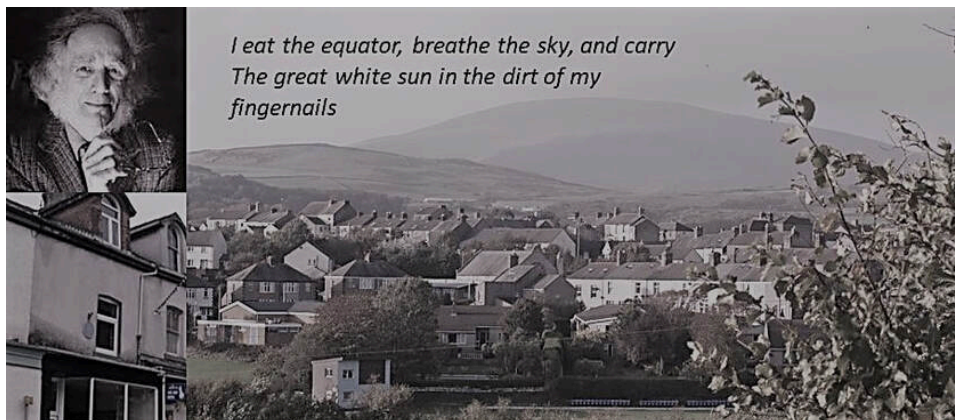
*Was surprised at the surprise on the face of strangers
Who wondered why
I was so shy.*

*I stump, stamp, blow
Whistle over and over, staring into the rowdy air, seeking
You or you,
Anyone who
Can lip-read the words of my whisper as clear as the clang of a
bell,
Can see me say:
'Wait! Wait!
Come closer;
I've something to tell.'*

There are no hard and fast rules in poetry, and despite first appearances, poets usually write something a certain way quite deliberately, and for good reason. We often read poems that are written in neat stanzas but here, this has been written as rather long, even awkward sentences. Norman has carefully written like this, notice the way that the punctuation appears, and the way rhymes can be at the end of a line, or even part way through a line (internal rhymes). You can read it by pausing at each line end, or indeed by pausing where the punctuation lies - and by doing so the poem conveys a slightly different message.

This particular poem means so much to me, as a little while ago I had an issue with my larynx, and I too was unable to speak for some time. When my voice did begin to come back it was painful to talk, and even then only very quietly. I found it very frustrating that I could not talk or communicate effectively. I did get my own back though, as I found a phone app which converted my writing into audible words. I have to say that I did derive a little devilish pleasure from that, as I managed to share my frustration, by passing it onto others who had to listen to the irritating disembodied voice!

*Tek care
Steve Steele*



<https://www.normannicholson.org/>

Lamplugh Parish Council



Summary of the September 2025 Lamplugh PC meeting

Full minutes are posted on the Parish Council Notice Boards, if you want more details.

Public Participation Slot:

- Three members of the public attended the meeting.
- Cllr Braithwaite introduced the members of the parish council and gave an overview of the roles of the parish council.
- All three members of the public were observing only.

Received correspondence was reviewed:

- An email that was received about difficulties with LPG fuel deliveries, this was noted and councillors agreed this could be a concern in the future. The resident had also contacted MP Josh MacAllister.
- An email was received from the village hall committee looking for new committee members and volunteers, these were noted, however, no one was available at present.
- An email was received from a resident about fast food litter on the roads and the danger for dogs. It was noted that the resident had also reported this to Cumberland Council and a fast food establishment, the parish council were unable to do anything further, but it had been noted.
- Two Fibrus Intention to Site emails had been received for telegraph pole installation at Burn Bank near Greensyke and The Old Post Office, these were both noted.
- An email and slideshow regarding Planning in Lake District Session 2 was received and passed to councillors for their attention.

Financial Matters:

To note the balance held in the building society confirmed with statement as below:

- **Statement No. 92** dated 31st July 2025 – start balance £23,652.10, end balance £23,280; money in £1,215.24, money out £1,5877.07.
- **Statement No. 93** dated 31st August 2025 – start balance £23,280.27, end balance £22,065.23; no money in, money out £1,215.24.
- It was agreed to raise the Clerk's salary in line with the national pay award, backdated to April. It was also discussed and agreed that the Clerk could move her salary to a monthly standing order instead of being paid quarterly by cheque.
- It was agreed by all members that Paul Wilson and Andrew Smith would be added as signatories to the bank account; with Michael Watts being removed as he has now retired from the parish council.
- After a cheque for Kirkland Children's Playground was returned from Cumberland Building

Society, the replacement cheque seems to have been lost in the post, so a third cheque needed to be signed, with the previous two being void.

- **Schedule of Income and Expenditure** were discussed and agreed, there were no cheques signed between meetings, cheques as agreed on the schedule were signed at the meeting.
 - CN 296 £1,296.24 Clerk Salary July to September 2025.
 - CN 297 £53.70 Home Working Allowance August-September 2025 and postage costs.
 - CN 298 £87.50 Lamplugh with Ennerdale PCC – Contact Magazine and Kirkland Mission hire
 - CN 299 £1,500.00 Kirkland Children's Playground
 - CN 300 £72.19 Michael Watts, replacement defibrillator pads.
- The accounts were discussed, agreed and signed as a true and accurate record.

Planning- Applications/Decisions

- **4/25/2309/0F1** - Demolition of existing garage and replacement with two storey side extension and addition of balcony to rear, Cogra Ghyll, Crossgates, Lamplugh – no objections were noted. This application came out after the agenda had been published.
- **4/21/2187/0F1**, and **4/21/2188/0F1** - Land to South of Whinnah Cottages, Lamplugh. This is still waiting for determination from the Planning Inspectorate, it has now been 84 weeks.

Parish Matters/Business

- A thank you message was received from Michael Watt.
- A thank you message was received regarding the donation for St Michael's toilet block repairs.
- An email was received from CALC regarding Assertion 10. The Clerk advised that ICO membership was now required, so she would set this up. Going forward, the Clerk will also look at putting together an IT policy and check the website is accessible.
- An email was received from Moores with a charge for not sending the accounts by the end of June. After the Clerk proved that the accounts had been put in on time they admitted this was an oversight and issued a credit note for this.
- An email for the Cumberland Local Plan was received, with a poster. It was agreed the poster should be put on the Facebook page and also on the noticeboards.
- A letter was received regarding Code of Conduct letter with a PowerPoint presentation attached, the Clerk went over this with councillors and suggested they watch the slideshow that had been sent.
- An email was received regarding trees which were overhanging carriageways and the possible dangers of this to vehicles. This has been reported to Highways, but it was agreed that the parish council would also report this to Highways.

Lamplugh and District Heritage Society

West Cumbria in WW 2

A Presentation by Joe Ritson

St Michael and All Angels Church, Lamplugh
Rev. Richard Haythornthwaite's 'ray of hope'

The 1941 story of a sunbeam at the church

THE WHITEHAVEN NEWS, THURSDAY, FEBRUARY 26, 1942

**KILLED AT PEARL
HARBOUR**
Sailor Born at Frizington

A Foxhunting story of WW2
A goodwill visit to the Melbreak Hunt
HMS Melbreak crew
Saturday 28th October 1944



THE WHITEHAVEN NEWS, THURSDAY SEPTEMBER 24, 1942

A Famous Climber
Joked Just Before He Was Killed

Herbert Norman Stubbs GM
Locomotive fireman, hero of
Bootle train explosion
22nd March 1945

Thursday 30th October 2025 7.30p.m.
Lamplugh Village Hall
Admission £3 inc. refreshments



The Village Hall AGM will be held on **Monday 13th October** at **6:30 pm**. All welcome to attend.

Forthcoming events at Lamplugh Village Hall will be:

- **Friday 10th October – The MustangZ Trio – Admission £10** - an evening not to be missed with a West Cumbrian rock and roll combo.
- **Friday 5th December – Whitehaven Male Voice Choir – Admission £5** - a celebration of Christmas music concert begins at 7.30pm

Doors for all events open at 6:15pm

Details of all events are on the website and tickets can be booked online or by telephoning **Mark Stevens** using the details below.

Full details for all clubs, societies and their activities are listed on the Village Hall website:

<https://www.lamplughvillagehall.co.uk/>

**For further details about any events or hiring of the hall, please contact:
Mark Stevens on 07543 876490 or by email at marklvh@yahoo.com**

Movement with Miriam

Pilates class – Lamplugh Village Hall
Wednesdays 7.45–8.45pm

For more info
movementwithmiriam@hotmail.com
new number 07756395256

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Cost to advertise: per year (10 issues)

full page: £250 - 2/3rds page: £170

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single ads: 20% of above

Colour ads (full page only): £60 per issue.



A Farmer's Observations

By Will Rawling

Aye, neets are cutten in. Or if you prefer, the days are getting shorter.

Autumn is in full swing, the landscape is changing colour and wildlife and farm animals are busy fattening up for the winter. The valley is probably at its most picturesque at this time of year.

Autumn marks the end of one sheep farming cycle and heralds the start of the next. The fell-going sheep that graze the fells and common land in the parish are preparing for winter alongside the wild creatures that share their grazing. Both wild and farmed animals have enjoyed a fairly pleasant summer.

The lambs and calves have done well. The deer and brown hares have flourished, pinching a bit of grass from the pastures. We have had a lot of leverets on the farm this year, nice to see. The geese have benefited from the fresh grass (a goose eats about as much grass as a Herdwick ewe). I counted 18 goslings following a pair of geese, across one of our fields.

The birds have had a good season, skylarks and wheatears all over the place and the fieldfare arrived the other day to enjoy the autumn berries, another sign of changing seasons. The swallows are lining the electric wires, getting ready to fly south, a long journey to Africa. The young barn owls fledged a while ago and are out and about. Maybe not the best news if you are a field vole!

The other birds are going to stay with us, the sparrows and starlings particularly like the grain we buy in, to help feed the calves while in their winter quarters. It is amazing how quickly our wild friends spot an opportunity. The red squirrels have been known to scuttle off with a cereal nut or two, they are really meant for the cows. How much is an energy bar?

Following a very wet winter, spring 2025 was actually very dry. The ewes were able to lamb in dry but cold conditions and in early summer the grass finally started to grow. The new growth was welcomed by the ewes, allowing them to produce plenty of milk for the new arrivals. The cattle on the lower ground produced their calves and were pleased to get out of their winter sheds for the summer.

We have harvested the new grass growth, to make hay and silage for the cows over the coming winter. The sheep get a little bit of fodder if the winter is bad but most manage ok without. At this time of year, the ewes start to reject the attention of their offspring and the

lambs are already more reliant on grazing than suckling. We give the ewes a hand by weaning the lambs, separating them from their mothers, allowing mum time to build up a bit of condition for the most important time of the sheep farming year.

As I mentioned earlier autumn heralds the start of a new cycle. Having been sheared in July they will be dipped in the coming months, to remove summer's ticks and lice. Later in the year the breeding ewes will be introduced to the tups (rams) and so starts another Lakeland shepherding year. More on that in the next couple of months.

"It's about back end coows 'll soun be cumen in." Or if you prefer, it is almost winter, the cows will soon be in the sheds, to avoid them mashing the grassland, as the land gets wetter (a cow weighs upwards of half a tonne).

Cheers for now, more next issue.

Will Rawling

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Blessing of the Plough
St. Michael's Church, Lamplugh
7 p.m. on Sunday October 12th

Rev Ian Parker writes



Please come and join us for the **Blessing of the Plough** service, at which we celebrate the work of farmers, give thanks for the fruits of their labours and ask for God's blessing for next year's harvest.

We look forward to seeing you there in support of the Young Farmers who will be bringing along the plough.

The day before, on **Saturday October 11th**, we shall hold our **Harvest Supper**, which will be at **Kirkland Mission**.

Harvest Supper

Kirkland Mission

**Saturday 11th
October at 7pm**

Please join us for a tasty selection of soups, rolls and puddings!

There is no charge for supper, but donations will be welcome



Sharing skills, changing lives

Tap Twinning initiative in Tanzania



Once again we will be supporting Christian Engineers in Development (CED) in provision of rain water harvesting tanks.

To date CED training and funding has enabled 344 tanks to be built, mostly 1,000 litre tanks for single households and 10,000 litre tanks for community buildings, predominately churches but also some church-run schools. It is believed that these tanks have benefitted c.6,800 people in north west Tanzania across seven dioceses with whom CED are working. Benefits include time saved collecting water from wells and better water quality leading to improved health and sanitation.

Funding of a 1,000 litre tank costs £140 (or £112 where gift aided by an individual). **Last year donations enabled two tanks to be funded. Hopefully we can do the same or better this year!**

All welcome! Please e-mail one of us to reserve a place

Alison: maxwell.howside@btinternet.com

Anne: anne.lee123@btinternet.com



Celebrate
HARVEST
with us!

Our Harvest appeal

tins or UHT (not fresh)

Fruit

Milk

Soup

Fruit juice

Rice pudding

Tea (small bags of 40)

Donations can be delivered to one of our six centres
or can be collected (contact our office to arrange)



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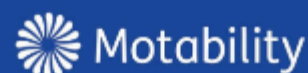
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WHAT'S ON AT THE GATHER

Ennerdale Bridge, Cumbria, CA23 3AR, 01946 862453

Email: bookings@ennerdalecentre.com

www.thegatherennerdale.com



The Gather Cafe & Shop
Open Seven Days a Week
Monday - Saturday 9am until 4pm
Sunday 10am - 4pm
 Last food orders 30mins before closing

FINDING INNER RESILIENCE THROUGH MEDITATION



SATURDAY 18TH OCTOBER - 10AM - 1PM

Would you like to feel more prepared to deal with your daily challenges?

We all experience challenges but, we also feel powerless sometimes in the face of those difficulties.

On this half day retreat we will explore Buddha's teachings on karma. Discovering where our challenges come from and how we can be better prepared to handle them more effectively.

Whether you are new to meditation and Buddha's teachings or not, this half day will provide some insightful and powerful understandings that will help you to develop an inner resilience in your daily life.

→ Bookings - www.meditateincarlisle.org ←

Artful Afternoon

Join us for a creative escape! 🎨

📅 Starting Monday 27th October

🕒 Art from 12:00 - 1:30pm

☕ Followed by a lovely afternoon tea

📍 The Gather, Ennerdale

💷 £25pp - includes all materials & Afternoon Tea

⚠️ Limited spaces available!

📧 To book your spot:

☎️ Contact Lauren on 07875666060

✉️ Email v.knipe.oils@gmail.com

This group will be hosted by artist V.K Oils

Come paint, relax, and enjoy a wonderful afternoon together 🥰



Community Film Club

The Gather Community Film Club takes place on the last Friday of the month

FRIDAY 31ST OCTOBER - 6pm

HALLOWEEN

Join us for a frightfully fun evening this Halloween

🍷 Pre-film Supper

Deliciously eerie bites before the show

🧛 Witches' Brew

A chilling serving of our house special drink

Tickets: £15 per person

Age Restriction: 18+

Don't miss this spooky night of fun and fright!



NEW NEW NEW NEW NEW

Hope Haven

Wednesdays from 1 October - 5 November:

🕒 From 10:30am - 11am, you can join us for chair-based exercise. It gets your heart pumping, but is low-impact and gentle on your joints, so come and give it a go! It's suitable for all abilities and all ages 18+.

The sessions are FREE, and there's no need to book.

💡 From 12 noon - 1pm, bring more purpose, motivation, and balance into your everyday life through the concept of 'Ikigai'. This is a Japanese concept that means "reason for being."

Through simple activities like journaling and reflection, you'll discover what you love, what you're good at, and how to bring meaning into your life. By the end, you'll have a clear plan to live with more purpose and joy!

These sessions are FREE, but we ask you to book a place, so we know how many people we need to provide workbooks and resources for. Email Owain@icanwellbeing.co.uk, or ring ICan Wellbeing group CIO on 01228 819101.

Other Hope Haven partners will be at The Gather between 10am - 1pm each Wednesday too.

If you need help or advice with anything that's affecting your wellbeing, stop by and speak to us.





THE BIG KITCHEN RENOVATION

Be a brick in our wall!!



We are raising funds to update and improve our 10 year old kitchen to enable us to continue to offer a vibrant cafe and gathering space in the Ennerdale valley.

Sponsor a brick and have your name displayed on our wall!

£25		<i>Small Brick</i>
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£250		<i>Large Brick</i>
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Together we can do so much"*
Helen Keller





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2025**

DEPART 5 9.15AM ENNERDALE (THE GAHEER CAFE)

9.20AM KIRKLAND (CROSSROADS CORNER)

9.25AM ASBY VILLAGE (TELEPHONE BOX)

9.30AM ROWRAH (EDGARS)

9.35AM ARLECDON (BOTTOM OF HILL)

9.40AM FRIZINGTON MAIN ST (CHATANOOGA)

9.45AM CLEATOR (ENNERDALE COUNTRY HOUSE HOTEL)

ARRIVE BY EMMAS BAKES 9.55AM

RETURN BUS DEPARTS: 12.15PM FROM EMMAS BAKES



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Ennerdale C of E Primary School Hello from Our New Headteacher

Hello everyone,

I'm **James Gartland**, and I'm really pleased to be able to say hello as the new Headteacher at Ennerdale School. Some of you will already know me from my time here as a teacher, so it feels extra special to be stepping into this new role in a school and community I already care so much about.

One of the things I've always loved about Ennerdale is the friendliness - you really do notice it the moment you walk through the door. The children, staff, parents, and wider community make it such a welcoming place, and I'm excited to build on all the great things already happening here. Most of all, I want to make sure our children feel happy, confident, and proud of everything they achieve.

I'll be around at the school gate most mornings and afternoons, so please do stop and say hello if you're passing. I'm always up for a chat about what's going on in school - or just about the weather, which we all know has a mind of its own in Ennerdale!

Could You Be a School Governor?

We're also looking for people to join our team of school governors. **Governors** are local people who help shape the school's future, support staff, and make sure our children get the very best start. You don't need to be an expert - just someone with enthusiasm, a bit of time to give, and an interest in helping the school thrive.

If you'd like to know more, please get in touch with our *Clerk to the Governors*, **Yvonne Hey** (y.hey@ennerdale.cumbria.sch.uk), who will be more than happy to explain what's involved.

Ennerdale School really is at the heart of our village, and with your support we can make sure it stays that way for many years to come.

See you around,

James Gartland
Headteacher

head@ennerdale.cumbria.sch.uk

Ennerdale and Kinniside Parish Council



Cllrs. Ric Outhwaite and Sandra Guise write:

Developing *Ennerdale & Kinniside's* Community Led Plan

A challenge facing the **E&K Parish Council** is having a clear idea what our parishioners might want to see happen in the Parish. As mentioned in previous editions of Contact, E&K PC have initiated a review of our **Community Led Plan**. The information that can be included in our Community Led Plan can guide and influence both the *Cumberland Council* and the *Lake District National Park Authority*. This is why we need to know what residents, businesses and visitors think about future development.

Developing an Emergency Led Plan for *Ennerdale & Kinniside*

The above planning matters are also linked to the development of our first **Ennerdale & Kinniside Emergency Plan**. This work is started but we need to hear your views about the risks to mitigate for, and the ways you think we can best support in emergencies and increase community resilience.

Provide your feedback by visiting one of our Drop In Sessions

To help us better understand what people think, members of the E&K PC will be holding two **Drop In Sessions** at **The Gather**, one the **6th November 2025** and a second on the **8th November 2025**. Both sessions will be between **1- 8pm**, which should provide plenty of time to provide feedback.

More information about these sessions will be posted on the E&K PC website and social media nearer the date. Hopefully you can drop in and let parish councillors and members of the *Emergency Plan Working Group* have a better idea about what you think about the issues and opportunities in the Parish and how we might best look after people and the area in times of an emergency, however that might be defined.

Thank you.

Community Led Plan - Cllr Ric Outhwaite: ric.outhwaite@eandkpc.co.uk

Community Emergency Plan - Cllr Sandra Guise: sandra.guise@eandkpc.co.uk

Review of the *Cumberland Council Local Plan*

Cumberland Council has commenced consultation on a review of the Local Plans in its area. This is the document that guides new development throughout Cumberland outside of the Lake District National Park. This does affect our area because part of it is outside of the National Park; for example, in **Ennerdale, Vicarage Lane** and the **housing and land at the northern end of the village** is outside of the National Park.

The dates, times and locations for *Cumberland Council's* consultation sessions are:

Thursday 2 October (9:30-16:30) – **Maryport** Town Hall
Monday 6 October (13:30-16:30) – **Longtown** Library
Wednesday 8 October (10:00-15:00) – **Millom** Tin Chapel
Monday 13 October (9:30-16:30) – **Wigton** Market Hall
Thursday 16 October (10:30-16:30) – **Whitehaven** United Reform Church
Friday 17 October (9:30-16:30) – **Carlisle** The Lanes
Monday 20 October (14:15-16:45) – **Frizington** Library
Wednesday 22 October (11:00-15:00) – **Silloth** Library

The consultation documents, an easy to use online questionnaire, and a list of *Frequently Asked Questions* are available at: <https://cumberland.gov.uk/local-plan>

Reporting Environmental Issues (Fly Tipping, Dog Fouling, Littering, etc.) to Cumberland Council

Residents across Cumberland can now use a new suite of online reporting forms making it easier for them to report environmental issues such as **dog fouling, fly tipping, littering**, and more.

The new system allows residents to report problems directly from their smartphones or devices while out and about, as well as providing:

- Automated updates on their reports.
- Browser-based forms accessible on computers at home or work.
- Improved data on incidents, including geographical information to help us target 'hot spot' areas.
- Case management including automatic allocation and prioritisation for staff.

Just use the following web address and follow the prompts from there:
<https://www.cumberland.gov.uk/street-cleaning>

Changes to Household Waste and Recycling Collection

Cumberland Council have been making a number of changes to the way our waste is collected and managed over the summer. As these changes are rolled out across the area more and more people are finding that their bin days, or even the bins they use, are changing.

To keep up to date with what changes are being made in your area, Cumberland Council have the following web page to help you stay informed and up to date:

www.cumberland.gov.uk/wastechanges

To check which day each type of waste will be collected (*household rubbish, garden waste, paper recycling, bottles, plastics and metals recycling*) Cumberland Council web pages have recently been updated so that you can print out a three-month calendar. This new collection information is available by going to www.cumberland.gov.uk/waste/binday and following the links to check your waste collection dates.

=====

Ennerdale's "Christmas Tree Blessing & Carol Concert"

St Mary's Church & then Memorial Gardens, Ennerdale

Sunday 30th November

4:00pm at the Church

Diana Stewart writes:



Save the Date! This year, the switching on of the lights on the Ennerdale Christmas Tree will be on **Sunday 30th November at 4pm**. We will once again have **Sethera Brass Band**.



We'll meet at St Mary's Church, Ennerdale for carols and refreshments, and then move to Memorial Gardens for the blessing and more carols around the tree.

October update: I would greatly appreciate any offers of help with the baking (mince pies, etc.) and preparations for the day itself. Additionally, I'm looking for some nice strong men to help with the collection of the tree 🌲 It would be helpful if we had some brute strength with the collection and erection of this item and the more people who can lend a hand, the better for us all.

Please come and find me at **The Shepherd's Arms** in Ennerdale, or leave a message there for me if you can help 🙏

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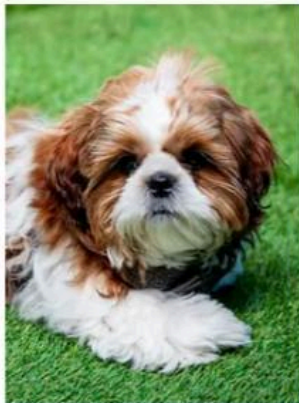
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email: info@foxandhoundsinn.org

website: www.foxandhoundsinn.org



Opening Times

Drinks Served

Monday - Thursday: 12.00 - 8.30, close 9pm

Friday - Saturday: 12.00 - 10.30, close 11pm

Sunday: 12.00 - 9.30, close 10pm

Food served

Monday - Thursday: 12.15 - 7.45

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(PLEASE, IF YOU ARE UNABLE TO FULFIL A DUTY ON A ROTA
WOULD YOU EXCHANGE WITH SOMEONE ELSE IF POSSIBLE)

FLOWER ROTA - October 2025

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.10.25	TBA	M ABBOT	TBA
12.10.25	TBA	M SMITH	TBA
19.10.25	TBA	M SMITH	TBA
26.10.25	TBA	M JOHNSON	TBA
2.11.25	TBA	M JOHNSON	TBA

SIDEPERSONS ROTA - October 2025

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.10.25	C AYLING	M WATTS	-
12.10.25	-	C ABBOT	R HODGSON
19.10.25	B FEARON	M WATTS	-
26.10.25	-	D NEVINSON	J DAVIS
2.11.25	C AYLING	M ABBOT	-

READERS ROTA - October 2025

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.10.25	S GUISE & B FEARON	C ABBOT	-
12.10.25	-	C ATKINSON & M WATTS	J MEGAN & R MEGAN
19.10.25	M LACHLAN & M ROBSON	A LEE & R WATSON	-
26.10.25	-	M ABBOT & D BEAK	J MEGAN & J DAVIS
2.11.25	S GUISE & B FEARON	M WATTS	-

READINGS - September 2025

DATE	1ST READING	2ND READING	GOSPEL
5.10.25	HABAKKUK 1:1-4;2:1-4	2 TIMOTHY 1:1-14	LUKE 17:5-10
12.10.25	2 KINGS 5:1-3, 7-15	2 TIMOTHY 2:8-15	LUKE 17:11-19
19.10.25	GENESIS 32:22-31	2 TIMOTHY 3:14-4-5	LUKE 18:1-8
26.10.25	ISAIAH 45:22-end	ROMANS 15:1-6	LUKE 4:16-24
2.11.25	DANIEL 7:1-3, 15-18	EPHESIANS 1:11-end	LUKE 6:20-31

Copy Deadline for the NOVEMBER 2025 edition of Contact:

contact

23rd October 2025

contact

Steve Parker, Editor: steve_parker@msn.com (m) 07968 230507

SERVICES AND EVENTS	
October 2025	
5th Oct	9am St Mary's, Ennerdale: Holy Communion 11:00am Kirkland Mission: Cafe Church
11th Oct	7.00pm Kirkland Mission: Harvest Supper
12th Oct	9am St Michael's, Lamplugh: Holy Communion 11:00am Kirkland Mission: Holy Communion 2.00pm Kirkland Mission: Messy Church - Harvest 7pm St Michael's, Lamplugh: Harvest Festival & Blessing of the Plough
19th Oct	9am St Mary's, Ennerdale: Holy Communion – Harvest Festival 11:00am Kirkland Mission: Service of the word
26th Oct	9am St Michael's, Lamplugh: Holy Communion 11:00am Kirkland Mission: All age Holy Communion
November 2025	
2nd Nov	9am St Mary's, Ennerdale: Holy Communion 11:00am Kirkland Mission: Cafe Church
9th Nov	9am Kirkland Mission: Holy Communion with Act of Remembrance 10:30am St Michael's, Lamplugh: Remembrance Sunday Service 2:30pm St Mary's, Ennerdale Churchyard: Wreath laying with Act of Remembrance.

Copy Deadline for the November 2025 edition of Contact:

contact **23rd October 2025** **contact**

Steve Parker, Editor: steve_parker@msn.com (m) 07968 230507